



How to ensure your Cardiac Rehabilitation Programme meets BACR standards

Friday 12th November 2010
Harwood Room, Barnes Wallis Building,
Sackville Street Campus, University of Manchester M1 7JR

The BACR standards refer to six core components

- **Lifestyle**
 - **Physical Activity and Exercise**
 - **Diet and Weight management**
 - **Smoking Cessation**
- **Education**
- **Risk Factor Management**
- **Psychological**
- **Cardio protective drug therapy and implantable devices**
- **Long Term management strategy**

This study day aims to explore current trends, share good practice and facilitate all programmes to ensure high quality service provision across all six components, within an evolving NHS.

All health professionals, both new to cardiac rehabilitation and those with experience, will benefit by gaining knowledge and experience that can be applied to daily clinical practice. In addition individuals responsible for the provision and funding for cardiac rehabilitation services are encouraged to attend to inform local policy in the context of national strategy.

This study day has been developed by the BACR Education sub-committee and is delivered by experts from each specialty.



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Proposed Programme

Chair: Dr John Buckley		
8.30 - 9.00	Coffee and Registration	
9.00 - 9.45	Housekeeping Course Introduction	Sally Hinton
9.45 - 10.30	Commissioning world class cardiac rehabilitation - what best looks like!	Professor Patrick Doherty National lead for CR
10.30 - 10.50	COFFEE/ TEA	
10.50 - 11.30	Psychological status and quality of life	Dr Linda Speck
11.30 - 12.30	Practice Workshop	
12.30 - 1.30	LUNCH	
1.30 - 2.10	Smoking Cessation	Catriona Jennings
2.10 - 2.50	Physical activity and exercise	Jenni Jones
2.50 - 3.10	COFFEE/TEA	
3.10 - 3.50	Diet and weight management	Chetali Agrawal
3.50 - 4.30	Cardioprotective drug therapies and risk factor management	Dr Susan Connolly
4.30 - 4.40	Questions to Panel - Afternoon speakers	
4.40 - 4.45	Evaluations and Close	



Course Application Form

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Course Fee: (includes course materials, lunch & refreshments)

£150 BACR Member – £165 BACR Non-member

Application Form

Please PRINT all details clearly to avoid errors in processing information

Surname:		First names:	
Title: Professor [] Dr [] Mr [] Mrs [] Miss [] Ms []			
Are you a BACR member? Yes / No If yes what is your membership number:			
Correspondence Address:			
Postcode:			
Email:		Tel:	Fax:
BACR Member		Fee	Tick
Membership Number:		£150*	
Non Member		£165*	
* This fee does not include accommodation. This must be arranged independently.			
Profession: <i>Please tick</i>			
<input type="checkbox"/> Nurse <input type="checkbox"/> Occupational Therapist <input type="checkbox"/> Psychologist <input type="checkbox"/> Research Fellow/Academic			
<input type="checkbox"/> Doctor <input type="checkbox"/> Exercise Physiologist <input type="checkbox"/> Dietician <input type="checkbox"/> Physiotherapist			
<input type="checkbox"/> BACR Exercise Instructor <input type="checkbox"/> Other Exercise Professional			
<input type="checkbox"/> Other _____			
Full job title:		Place of Work:	
Dietary Requirements:			
Please summarise what you hope to achieve by attending this course:			

If applicable please give invoice details overleaf

Please make payment by cheque to BACR Education Consortium or by BACS to Lloyds TSB, Sort code 30 95 36, Account 3591970

If an invoice is required please supply the following details:

Contact Name
Contact phone number
Contact E-mail address
Invoice Address:

Important: No place can be secured until full payment is received. Attendance to the course will not be permitted in instances where full payment has not been received prior to the course dates.

Please return completed application and payment to:

Vivienne Stockley BACR Education, Town Hall Exchange, Town Hall Buildings, Castle Street, Farnham, Surrey GU9 7ND Email: vivienne@bacrededucation.co.uk or tel: 01252 720640

Cancellation Policy: All cancellations should be made in writing. No refunds will be given after 12th October 2010 and cancellations prior to this will incur a 25% administration charge.

Official use only: **Application number:**

Date application received:

Tracking information:



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