

Working as a healthcare professional in primary or acute care? Working in cardiac rehabilitation? Need to get up-to-date with Coronary Heart Disease prevention?

THE UNIVERSITY *of* York

CHD Prevention *Online*

Next course starts: **September 2010**

Duration: **14 weeks**

A degree level online module for all healthcare professionals working in primary care, acute care and cardiac rehabilitation.

You can develop your skills in coronary heart disease prevention whilst studying entirely via the Internet. With **CHD Prevention Online** you'll work with online case study patients with cardiovascular problems. You'll watch video consultations and access online patient records to help you manage the problems presented by the patients.

There are guided course activities based on the case study patients and a personal journal where you can post your ideas about how each patient's care should be managed. You'll get individual feedback on your posts from expert tutors and you can also discuss your ideas with other healthcare professionals via the discussion boards. We use asynchronous online discussion boards. This means you can post at any time of the day and on any day of the week, so that your studies can fit in with your life.

We make studying easy for you. We provide all the articles and policies you need to read, bringing the latest research within a click of your desktop and you can check how you're doing by completing our online quizzes.

You will build evidence of your learning as you go by developing an electronic portfolio which we will assess at the end of the course.

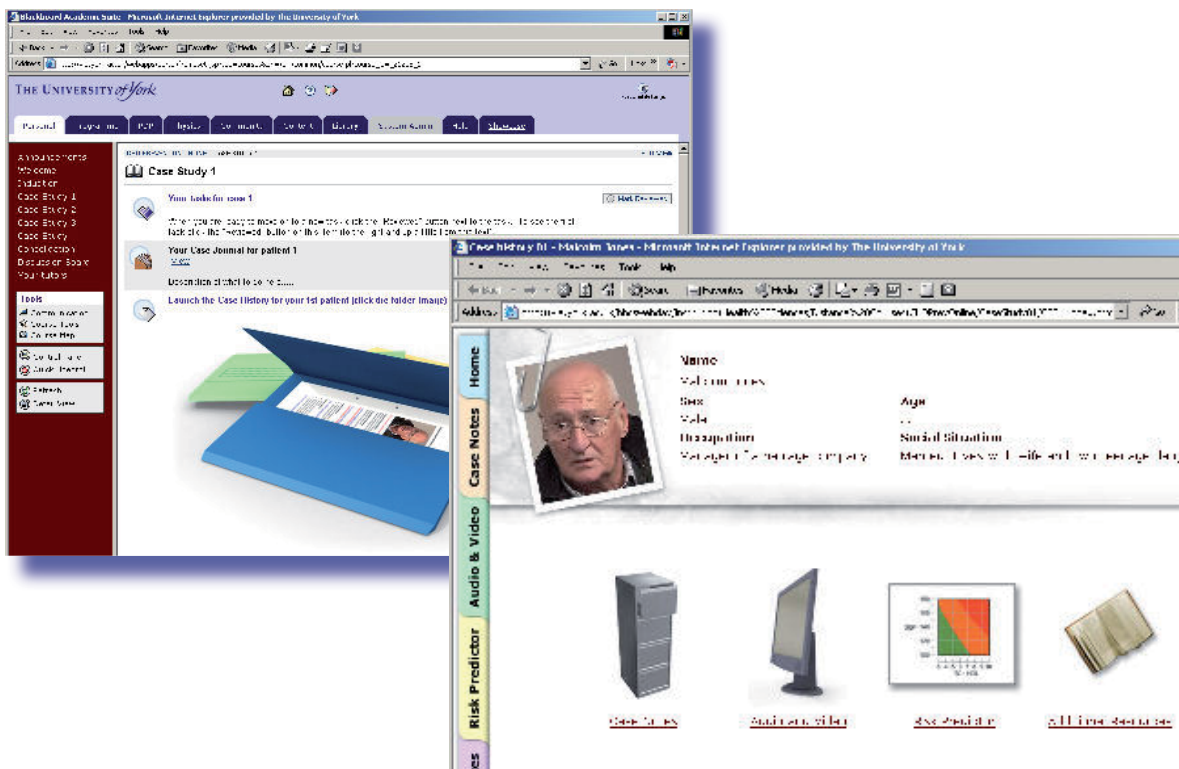
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CHD Prevention Online

has been developed using our team of national experts in the field of cardiac rehabilitation and CHD prevention. The Department of Health Sciences at the University of York is home to the **British Heart Foundation Care and Education Research Group**, internationally renowned for its work on improving the quality of care and rehabilitation for cardiac patients.





Topics covered

- cardiovascular risk assessment
- cardiovascular risk factor management
- personal prevention planning
- health beliefs and behaviour change
- cognitive behavioural treatments and motivational interviewing techniques
- pharmacological management
- depression and anxiety
- anatomy and physiology

Credits

CHD Prevention Online can be used to contribute to a degree if you wish, as it will give you 20 credits at Level 6. No previous experience of study at this level is required.

Access

The course is taught completely online, with no attendance at study days. Access to all the evidence and clinical guidelines is provided by the course on the internet.

Cost

Price on application.

For details call Course Leader **Ros Brownlow** on **01904 321398** or email **rm26@york.ac.uk**.

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www.york.ac.uk/healthsciences/cardiac/