



11<sup>TH</sup> ANNUAL CONFERENCE OF THE  
South Asian Health Foundation (SAHF)

Practical Guidance  
on the Management  
of South Asian People  
with Diabetes

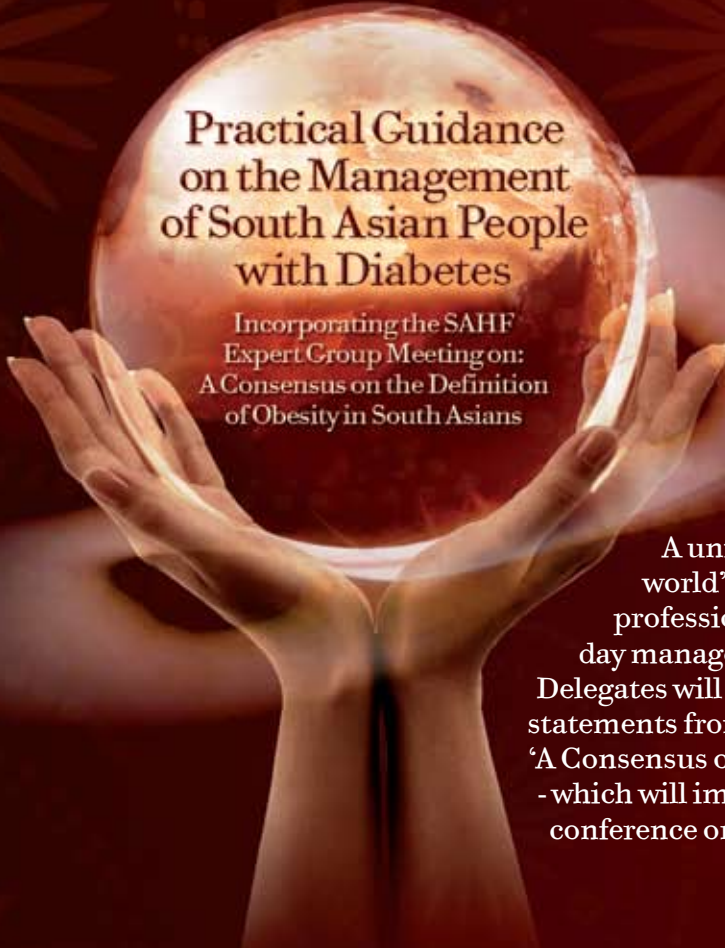
Incorporating the SAHF  
Expert Group Meeting on:  
A Consensus on the Definition  
of Obesity in South Asians

This conference is aimed at all healthcare  
professionals delivering care to  
South Asian people  
with diabetes.



29-30 April 2010  
Ibis Hotel, Earls Court,  
London

Visit [www.sbcommunicationsgroup.com/events](http://www.sbcommunicationsgroup.com/events) to book your place.



# Practical Guidance on the Management of South Asian People with Diabetes

Incorporating the SAHF  
Expert Group Meeting on:  
A Consensus on the Definition  
of Obesity in South Asians

A unique 2-day meeting that will assemble the world's leading practitioners to provide healthcare professionals with practical guidance on the day-to-day management of South Asian people with diabetes. Delegates will also hear 'hot-off-the-press' outcome statements from the SAHF 'invitees-only' Expert Meeting - 'A Consensus on the Definition of Obesity in South Asians' - which will immediately precede the start of the 'open' conference on Day 1.

## Day one

09.15–09.30

Welcome by Chair of SAHF DM Working Group

09.30–11.10

Definitions and “cut-off” for obesity and waist circumference in South-Asians

10.30–11.00

Group discussion

11.00–11.05

Conclusion

11.05–11.25

Tea break

11.25–13.00

Vascular screening , Therapeutic option and Bariatric surgery, Unresolved issues and challenges.

12.25–12.55

Group Discussion

12.55–13.00

Conclusion

13.00

Vote of Thanks and Close

13.00–14.00

Lunch & Registration for afternoon delegates

### Open' conference begins:

14.00–14.05

Welcome by Chair of SAHF DM Working Group

14.05–14.50

Named SAHF plenary Lecture “Obesity in South Asians”

14.50–16.50

Diet and Management of Diabetes Complications in South-Asians

14.50–15.20

Diet and Micronutrients

## Day one continued

15.20–15.50	Tea/Coffee break
15.50–16.20	Diabetic Retinopathy
16.20–16.50	Diabetic Nephropathy
16.50–17.50	South Asian Patients in Primary Care
16.50–17.20	CVS Mortality in South Asians Diabetics
17.20–17.50	Experience of South Asian patients in the Primary Care
19.00	Drinks reception followed by 19.30 Dinner held at the Hilton London Olympia, London

## Day two

08.45–09.55	Registration and Exhibition viewing
09.55–10.00	Welcome by Chair of SAHF DM Working Group
10.00–11.20	Epidemiology, Diagnosis and screening for diabetes in South Asians
10.00–10.40	Epidemiology of Diabetes in South Asians
10.40–11.20	Diagnosis and Screening of Diabetes in South Asians
11.20–12.20	Parallel Workshops <b>Workshop 1</b> Education about Diabetes in South Asians <b>Workshop 2</b> Gestational Diabetes in South Asians <b>Workshop 3</b> Aspects of Culture and religion in Management of Diabetes in South Asians
12.20–13.30	Lunch and Exhibition Viewing
13.30–16.45	Management of Risk factors and Designing a Polly Pill for Diabetes in South Asians
13.30–14.10	Managing Glycaemia in South Asian with Diabetes
14.10–14.50	Managing Hypertension in South Asians with Diabetes
14.50–15.20	Tea break
15.20–16.00	Managing Dyslipidaemia in South Asians with Diabetes
16.00–16.40	Designing a “Polly Pill”: Multifactorial Intervention for managing diabetes in South Asians
16.40	Summary and End of conference

# Delegate booking form

Online booking available at [www.sbcommunicationsgroup.com/events](http://www.sbcommunicationsgroup.com/events)

## Personal details

Please fill in your name, title and place of work as you would like them to appear on the delegate list. Please use block capitals. (If you wish to book more than one place, please photocopy this form or write other names on a separate sheet).

Full name (Prof/Dr/Ms/Mrs/Miss/Mr):

Post/job title:

Primary/secondary care:

Place of work:

Special requests (e.g. dietary):

Daytime telephone:

Daytime fax:

Email address:

Correspondence address:

Post code:

## Conference reservation

Please indicate the number of places you would like to reserve (the cost includes lunch, refreshments and conference materials).

I would like to reserve  conference place(s) for both days at £xxx per person

I would like to reserve  conference place(s) for day 1 only at £xxx per person

I would like to reserve  conference place(s) for day 2 only at £xxx per person

(all prices are inclusive of 15% VAT)

## Workshop reservation

If you are attending **day 2** of the conference please choose one workshop to attend from the list below.

Workshop 1: Education about Diabetes in South Asians

Workshop 2: Gestational Diabetes in South Asians

Workshop 3: Aspects of Culture and religion in Management of Diabetes in South Asians

## Conference dinner

Tickets are available for the Conference Dinner held at the Hilton London Olympia on 29th April on a first-come-first-served basis at a cost of £xx per person (including VAT) Please tick the box below if you would like to confirm your place.

Conference dinner

## Payment options

I enclose a cheque for £  made payable to SB Communications Group OR

Please send an invoice for £  to the following address (only complete if different from above):

Contact telephone number (finance officer or person responsible for payment):

## Accommodation

To book accommodation at a reduced rate please contact Jigsaw Accommodation Booking Service on 0870 752 0433 or [www.jigsawconferences.co.uk/Conferences](http://www.jigsawconferences.co.uk/Conferences)

## Terms and conditions

Cancellations must be received in writing by Wednesday 31st March 2010, and will be refunded less a 20% processing fee. After this date we regret that registration fees will not be refunded. Substitutions may be made in writing at any time without charge.

**Completed booking forms should be posted, faxed or scanned and emailed to:**

Holly Butcher, SB Communications Group, 3.05 Enterprise House, 1-2 Hatfields, London, SE1 9PG  
Tel: 0207 672 1510 Fax: 0207 627 1570 Email: [holly@sbcommunicationsgroup.com](mailto:holly@sbcommunicationsgroup.com)