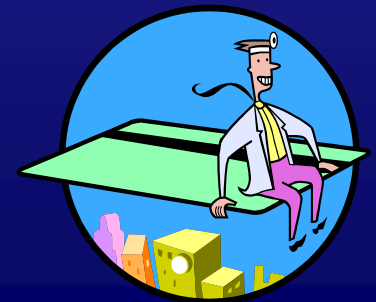
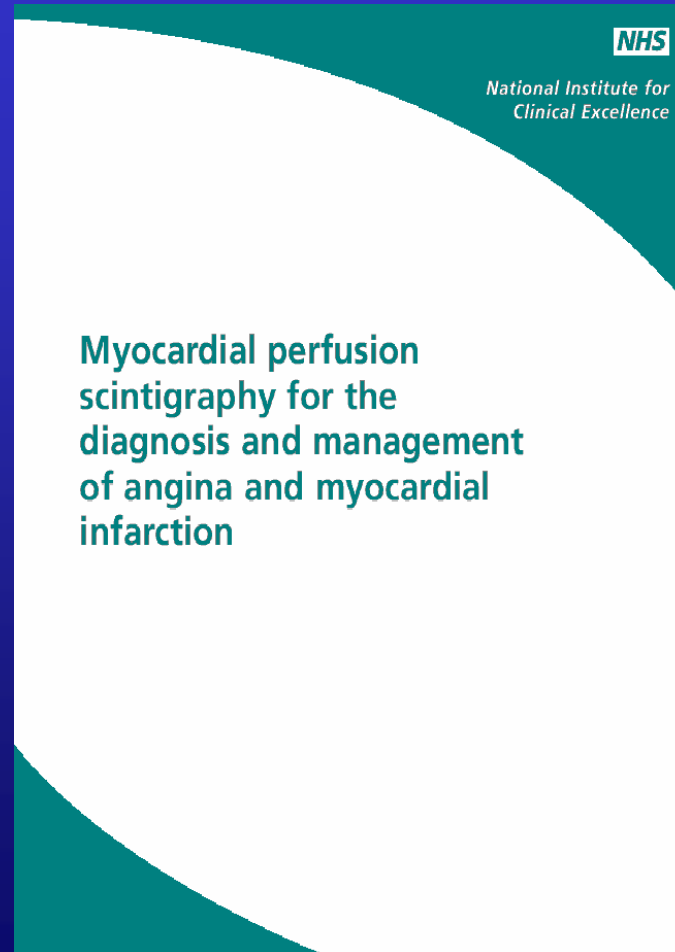


Nuclear Cardiology

that will do NICE-ly

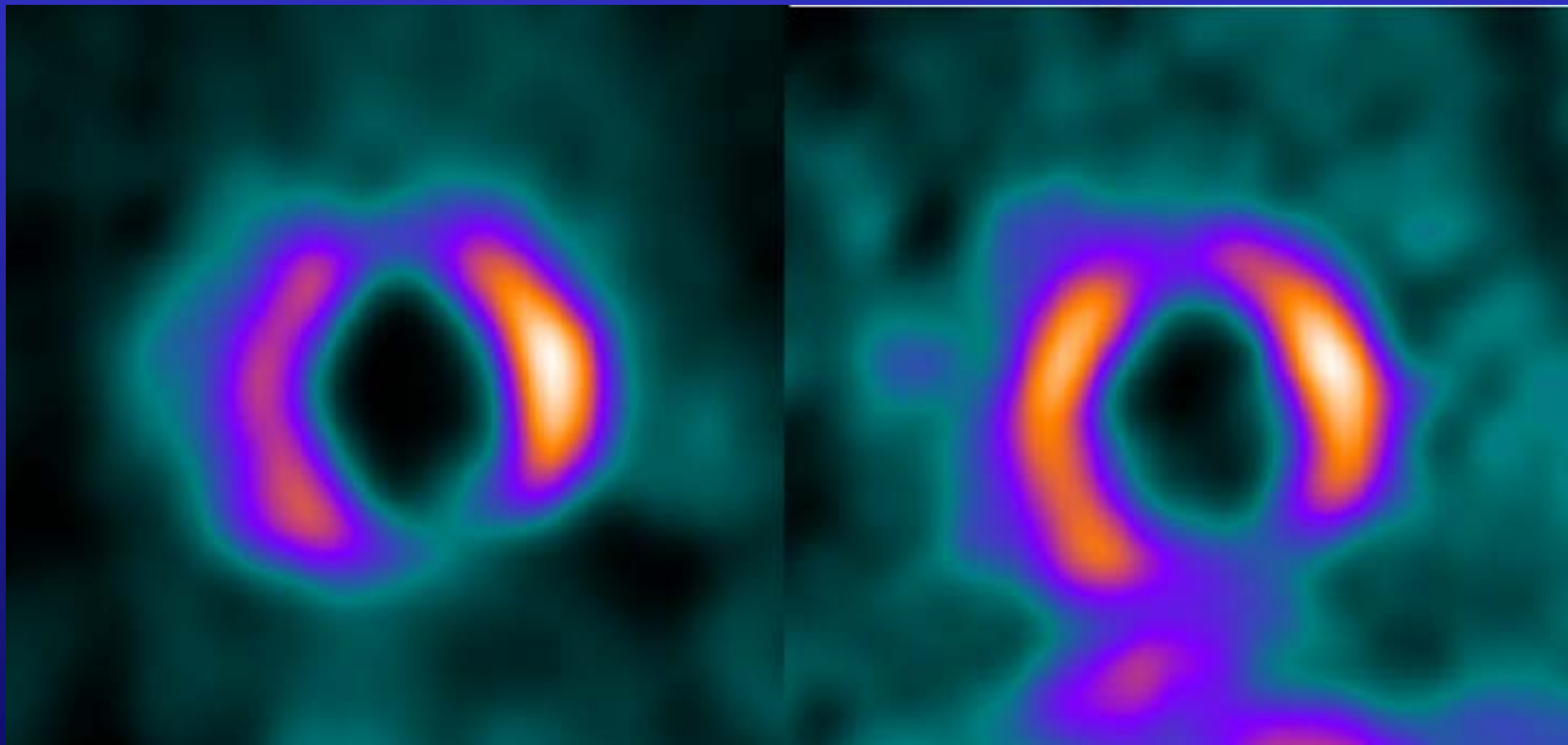


www.nice.org.uk



Patterns of uptake

Thallium-201



stress

redistribution

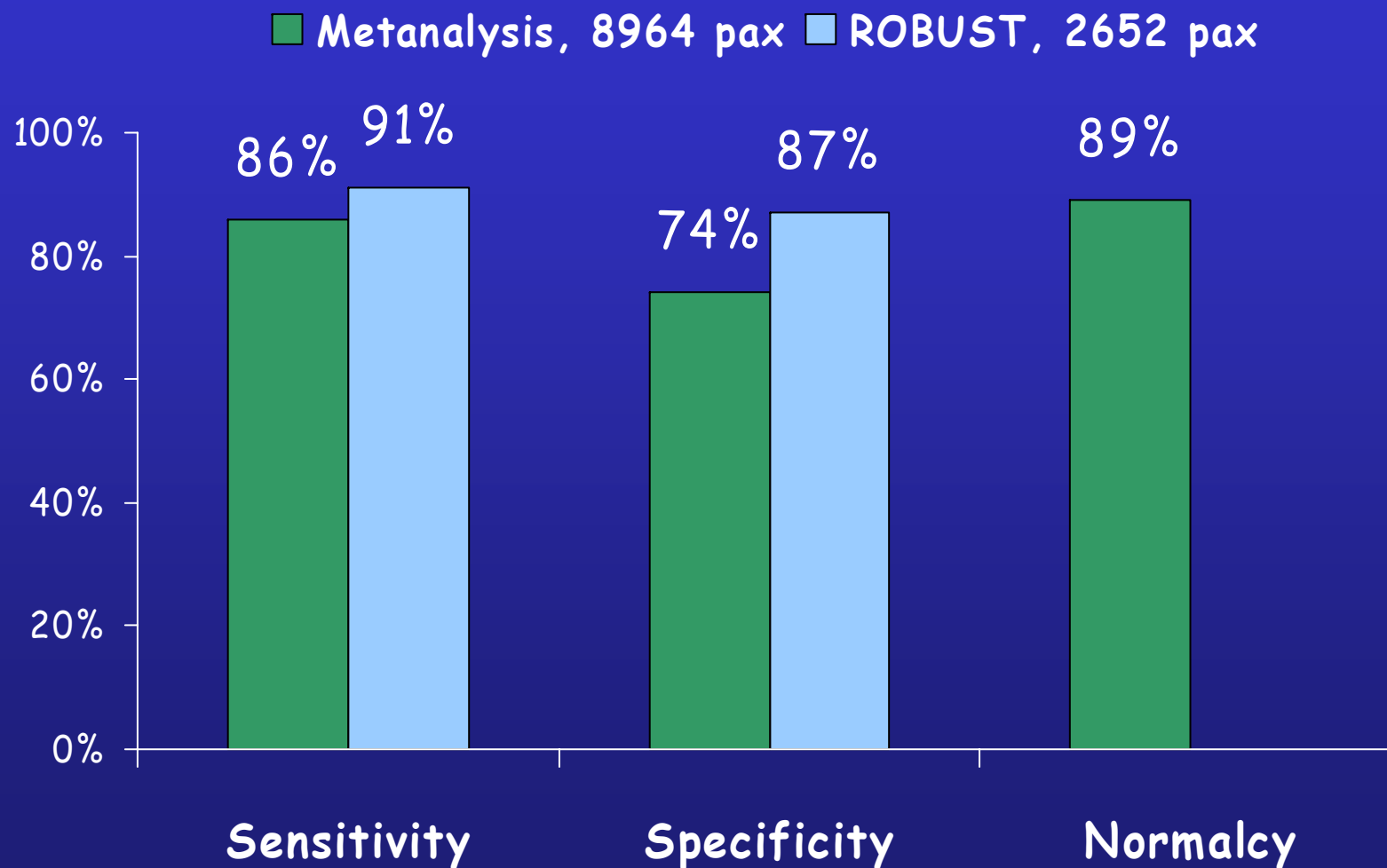
Two Stages

- **Assessment** **An objective process**
 - systematic review
 - evidence synthesis and meta-analysis
 - assessment of strength and consistency of evidence
 - modelling of cost-effectiveness based on explicit assumptions

- **Appraisal** **A largely subjective process**
 - judging applicability and relevance of evidence
 - interpreting implications for NHS policy
 - judging likelihood of modelling assumptions
 - determining appropriate policy given uncertainties



Diagnosis of CAD

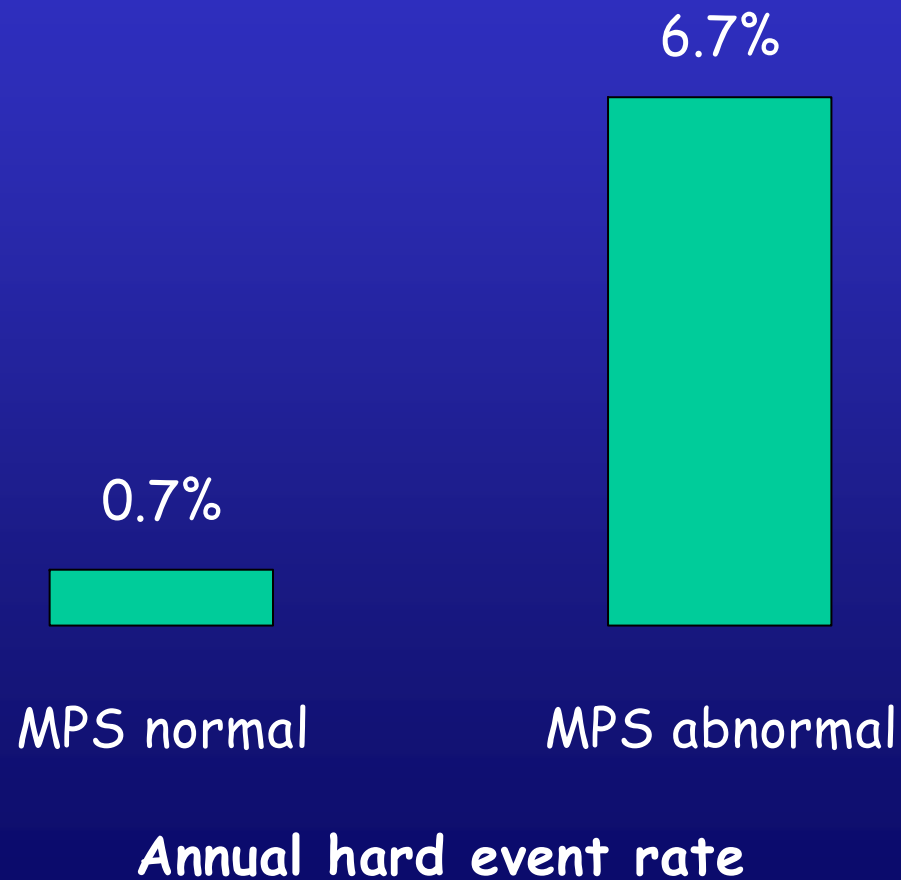


Underwood SR, et al. EJNM 2004; 31; 261-91

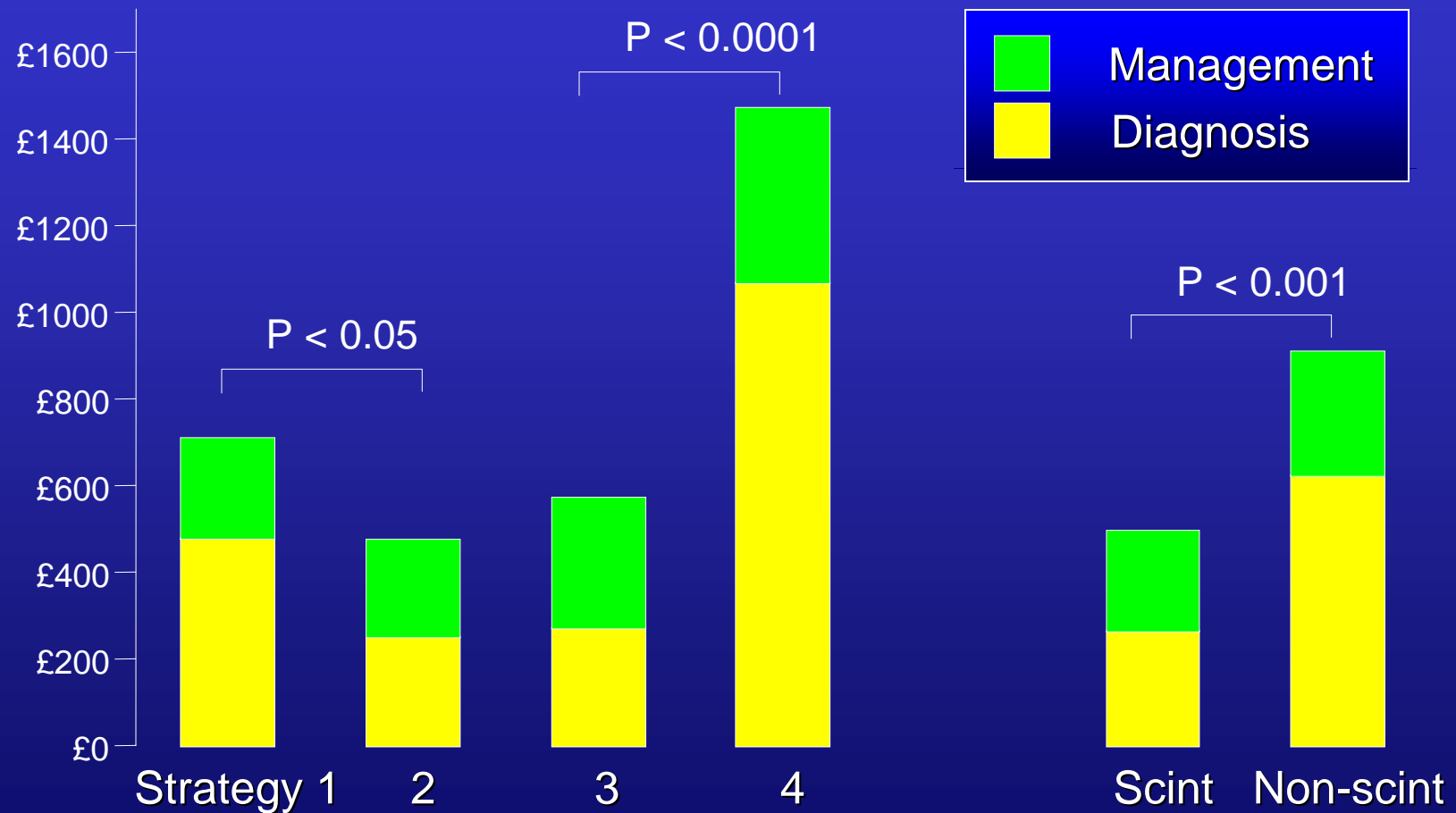
Kapur A, et al. EJNM 2002; 29; 1608-16

Prognosis in CAD

29 studies , 20963 patients, mean follow-up 28m



Total costs (CAD absent)



EMPIRE study. Eur Heart J 1999; 20: 157-66

Final Appraisal Determination

MPS is recommended . . .

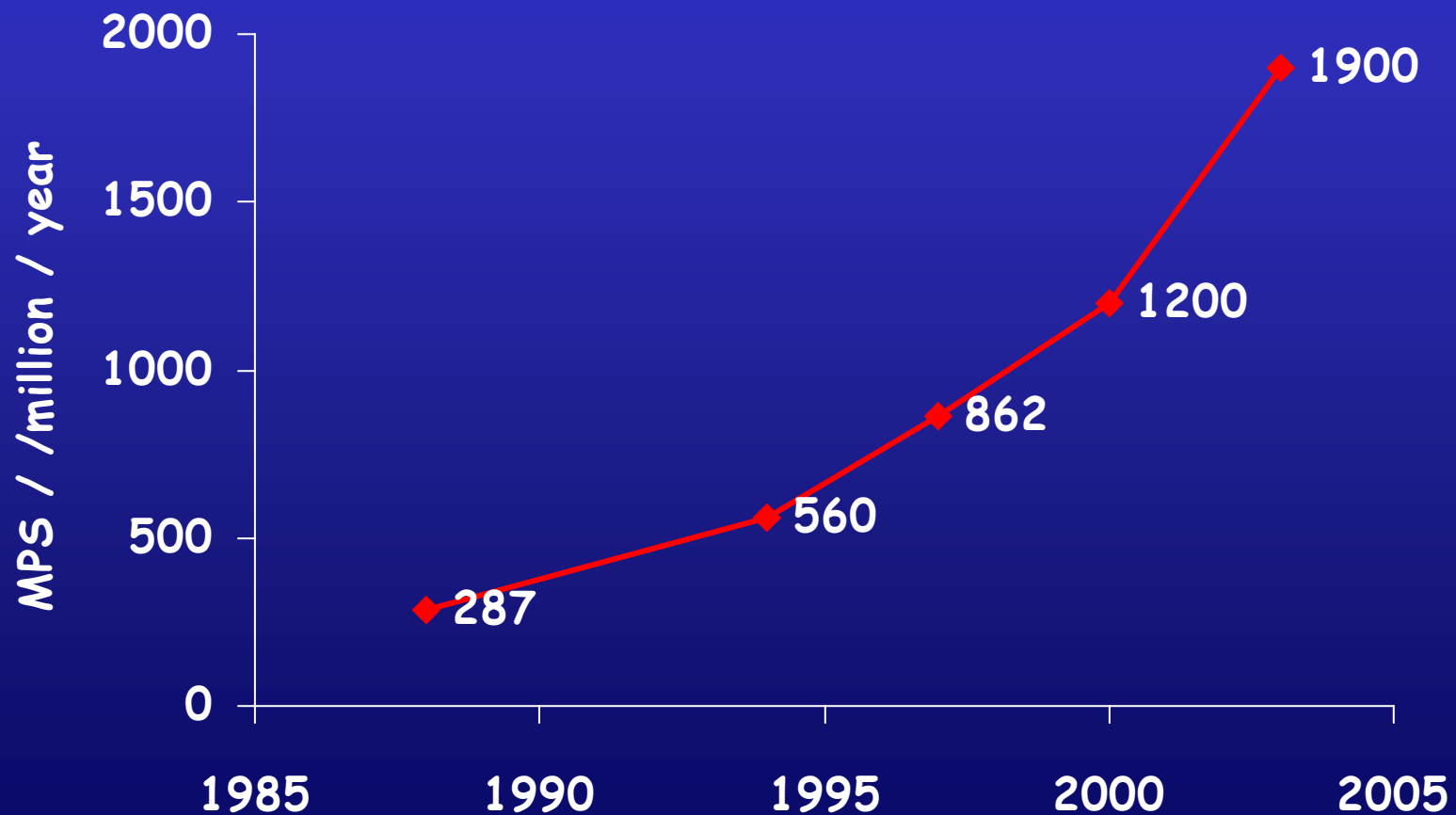
- as the initial diagnostic tool in people for whom sECG poses particular problems, including
 - conduction abnormality
 - unable to exercise
 - women
 - diabetes
- as part of an investigational strategy for people with lower likelihood of CAD
- as part of an investigational strategy in symptomatic patients after myocardial infarction or revascularisation

Imaging Performance

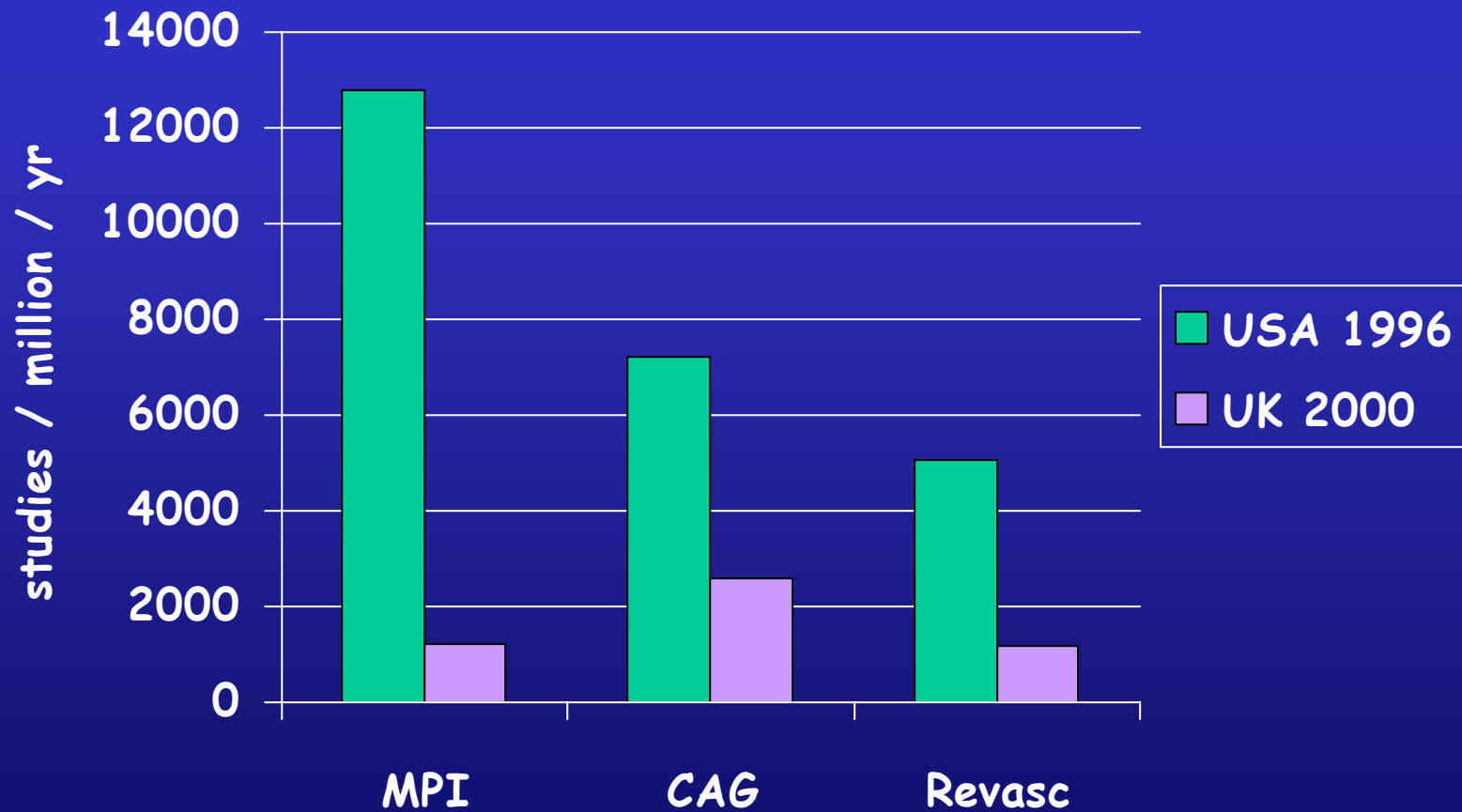
- Quantity
 - Are there national or international recommendations?
 - Do we believe the recommendations?
 - Are the recommendations relevant to NW Thames?
 - Can we invent or modify recommendations?
 - How do we perform against the recommendations?
- Quality
 - Do standards exist?
 - Are the standards relevant and practical within NW Thames?
 - Do we operate according to the standards?

BNCS surveys

Linear compound growth = 12.5% / year

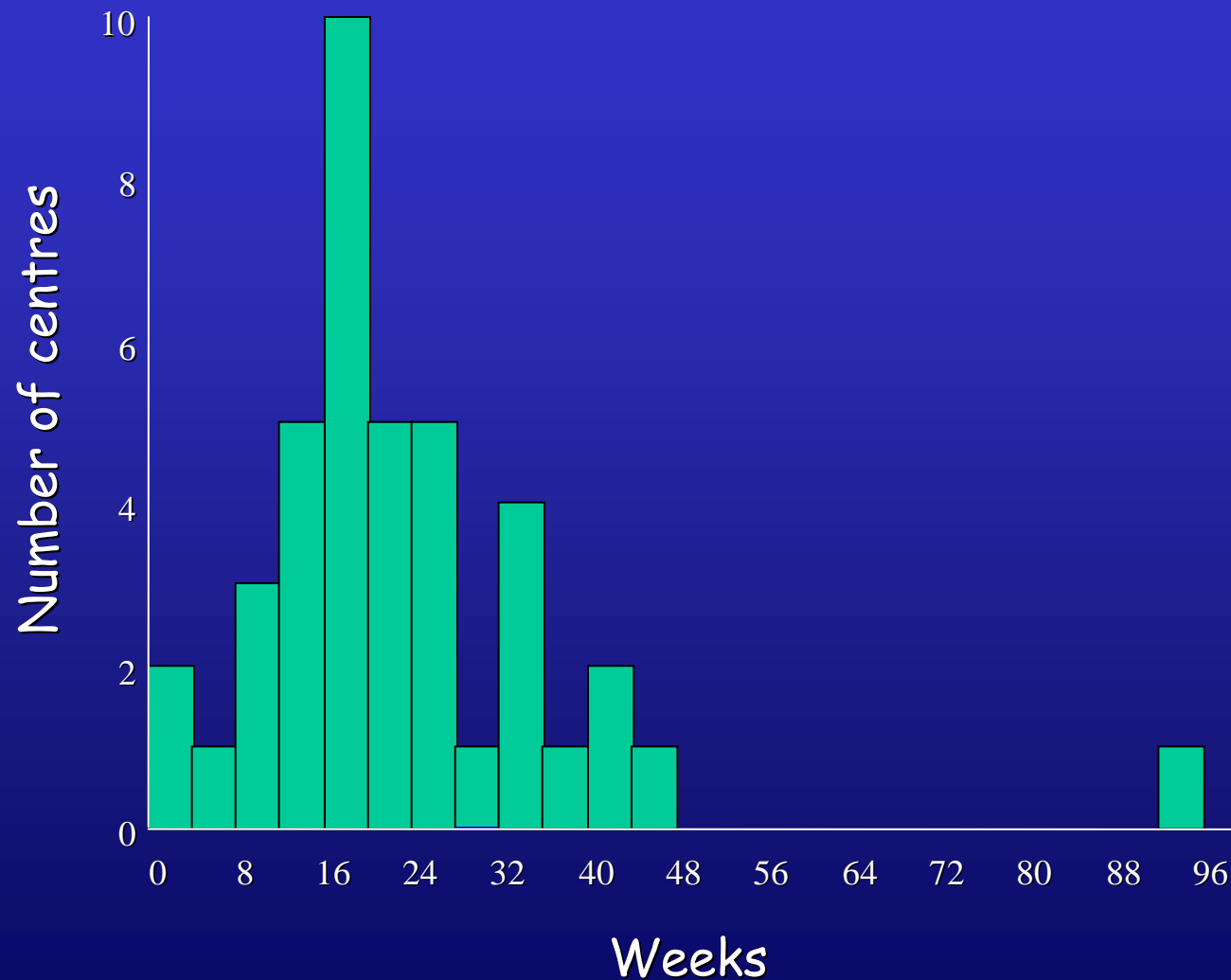


Investigation rates



USA	2.5	:	1.4	:	1
UK	1	:	2.2	:	1

Waiting time for MPS



Kelion AD, et al. BNCS 2000

Final Appraisal Determination

Recommended level of provision

- 4000 MPS patient studies per million population per year

Maximum waiting time

- 6 weeks routine
- 1 week urgent

Perceived problems in the UK

- MPS is either not available or not requested in patients where the evidence and guidelines suggest benefit e.g. RACPC
- MPS is available but the waiting time is too long for the test to be clinically useful. The mean waiting time of 5 months suggests an unsatisfied clinical demand.
- MPS provision is not of a uniform high standard in all centres.

NICE outcomes so far

NICE

- the guidance, to be reviewed Nov 2006
- information for the public and press release
- University of Aberdeen assessment report

The profession

- MPS: the evidence - EJNM 2004; 31: 261-91
- Heart 2004; 90 suppl v
- Procedure guidelines - Heart 2003; 89: 1156
- Guidance on service provision - Heart 2005; 91 suppl 2
- Br J Cardiol 2005; 12 suppl 2
- increased demand for MPS
- unofficial dialogue raising broader questions



NICE outcomes so far

Department of Health

- Waiting list target 13 weeks 2007, 6 weeks 2008

Industry

- evidence summary and cost-effectiveness analysis
- press release
- mobile MPS service
- assistance with managed MPS service

NHS Trusts

- hub and spoke assistance
- franchised services

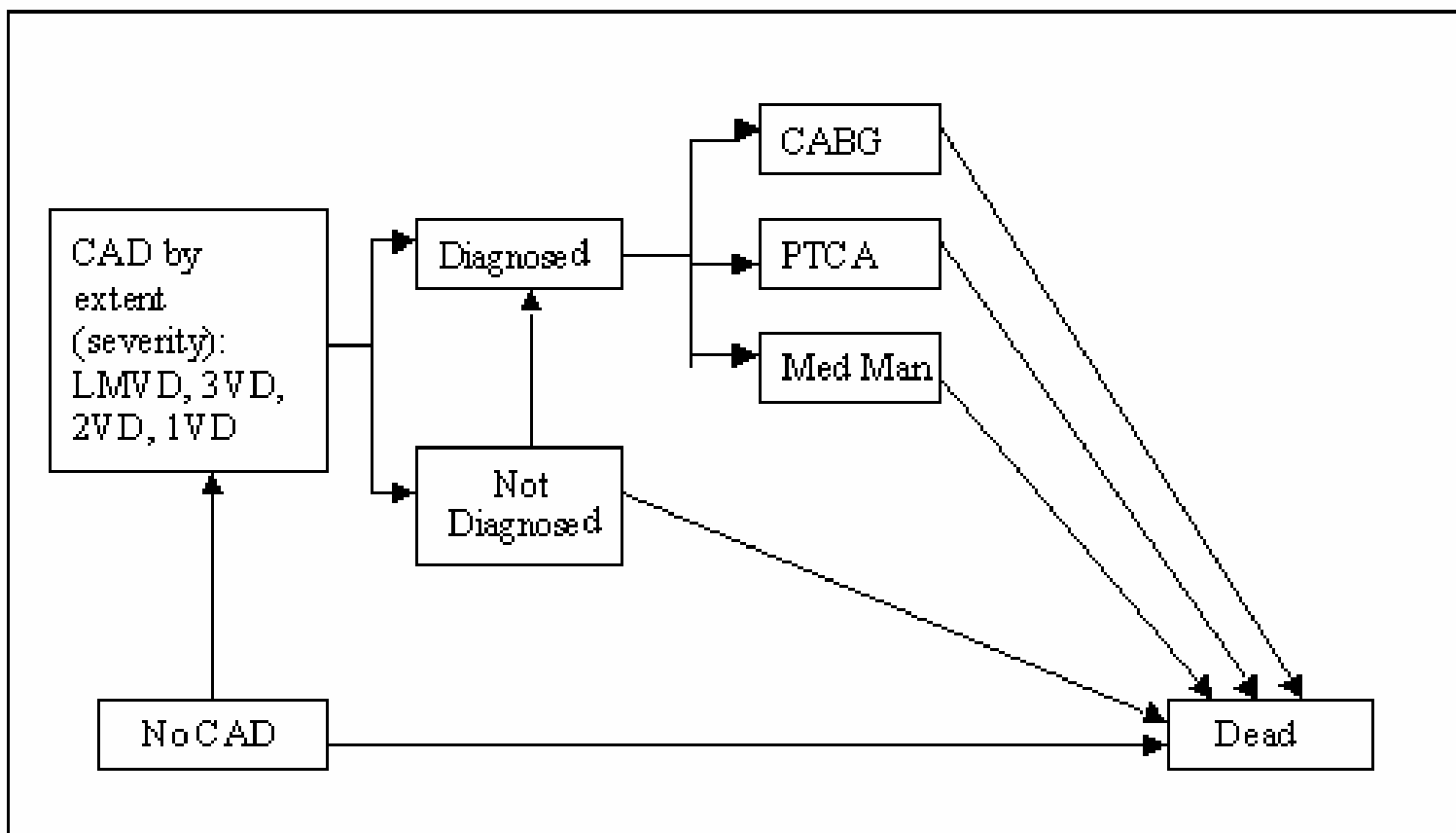
Modelling cost effectiveness of CAD diagnosis and management

- Decision tree analysis for diagnosis
- Markov model for management (20 year horizon)
- Deterministic becoming probabilistic
- Bayesian principals
- Patients with CAD may not have angiography
- Angiography not perfect

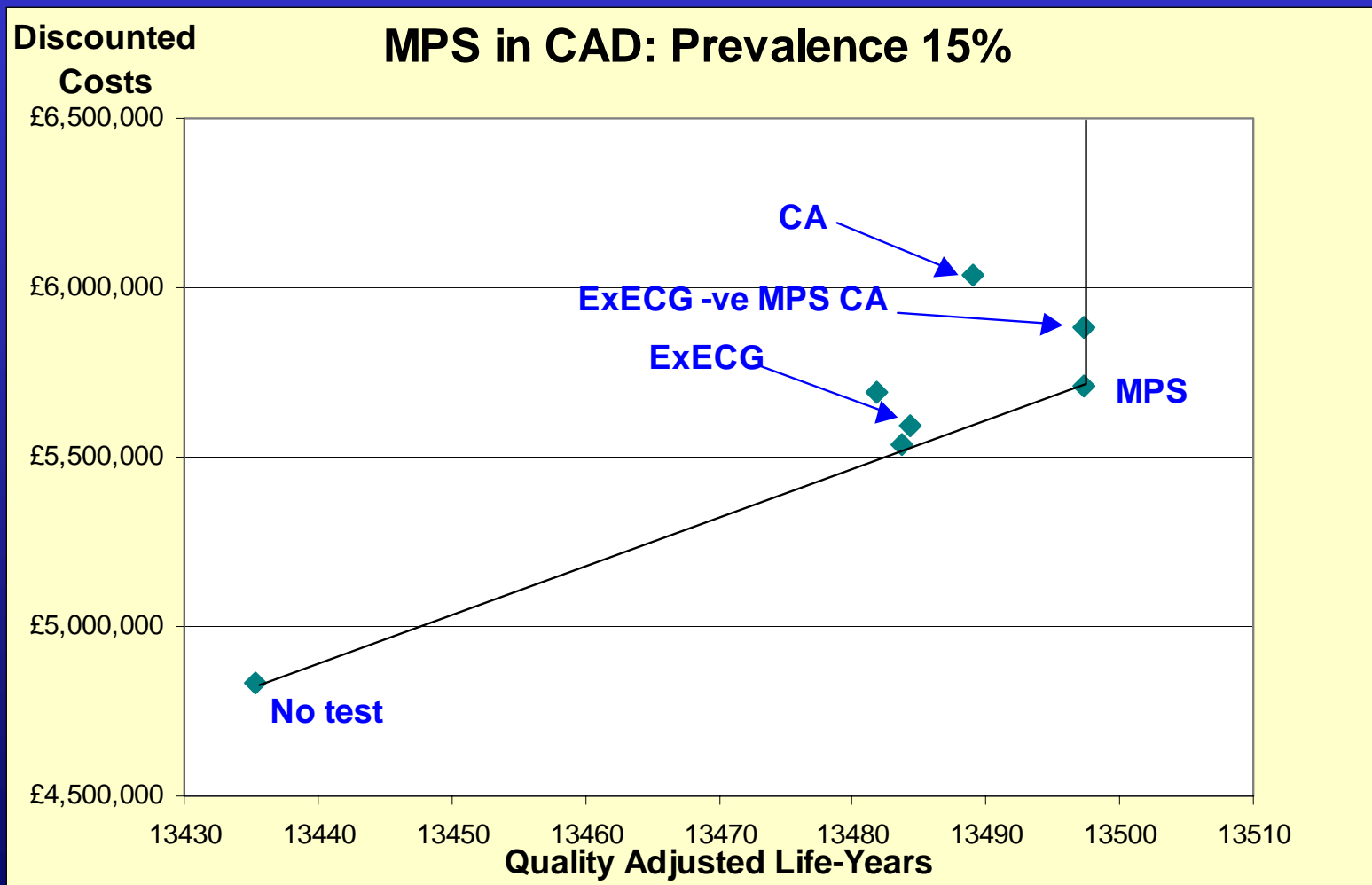
Decision tree analysis

First Line Test	Second Line Test		Third Line
Exercise ECG (all) ▼			
No Test			
Exercise ECG (all)	Not tested/indeterminate	MPS (SPECT) (all) ▼	
Angiogram			Not tested/indeterminate
MPS (SPECT) (all)			+ve result
Spare			-ve result
No further testing			No further testing
	+ve result	MPS (SPECT) (all) ▼	
			Not tested/indeterminate
			+ve result
			-ve result
			No further testing
	-ve result	No further testing ▼	
			Not tested/indeterminate
			+ve result
			-ve result
			No further testing

Markov model



Incremental cost effectiveness ratios



UK Service implications

Increase 1200 to 4000 MPS per million per year

- Capital requirement £21M
 - 84 cameras
- Revenue requirement £31M / year
- New staff
 - 168 radiographers
 - 84 nurses
 - 42 physicists
 - 45 physicians

Possible further outcomes

- £20M capital fund over 5 years
- coordinated approach to revenue costs
- policy for staff recruitment and training
- standards for training and quality assurance
- consideration of MPS alongside other imaging techniques
- incorporation into NSF update